



Dementia-Friendly Community Action Form

Use this form to identify simple, specific and actionable steps you can take to spark a dementia-friendly initiative in your community. Remember, a “community” is how you define it – it can be a town, city, county or region.

My Community: _____

1. What are your community’s top five strengths that could support a dementia-friendly community initiative?

(For example, partnerships already in place, support from an elected official, community advocates, local philanthropy, etc.)



- 1.
- 2.
- 3.
- 4.
- 5.

2. Knowing that dementia-friendly community efforts include partners across at least three sectors, which key sectors would be most critical to include in your community’s dementia-friendly effort?

(Examples might include: first responders/law enforcement, local government, transportation, faith communities, business, banking, community members, etc.)



- 1.
- 2.
- 3.

3. Dementia-friendly community efforts often start small, with a few passionate stakeholders that initially come together. Make a list of five movers and shakers in your community who would have a stake in your dementia-friendly community effort.



- 1.
- 2.
- 3.
- 4.
- 5.

4. Your Action Team will drive efforts toward becoming a dementia-friendly community. Beyond the movers and shakers, who else would you like to invite to be a part of your community's Action Team?

(Think broadly – people living with dementia, their family and care partners, an elected official, a leader from a local philanthropy or business, community members representing various sectors and diverse and underserved populations.)



- 1.
- 2.
- 3.
- 4.
- 5.

5. How best can you ensure the active role of persons living with dementia, their family, and care partners in planning a dementia-friendly community effort?

List three ideas for the inclusion and leadership of people living with dementia, their families, and care partners.



- 1.
- 2.
- 3.

6. Discuss with your group about one or two (or more!) specific, actionable steps you can take after this meeting to support or start a dementia-friendly effort in your community.

For example, will you call those on your list of movers and shakers? Can you organize a meeting of potential Action Team members to discuss embarking on a dementia-friendly community initiative? Can you become a Dementia Friend or, better yet, a Dementia Friend Champion? What other ideas do you have?



Actionable Step 1:

Actionable Step 2:

Big or Small- Every Action Counts!